

# Lent Worship Lab

February 26–March 26, 2023  
Service of Holy Communion – ELW Setting 4



St. Mark's Lutheran Church, ELCA  
*Called by the Holy Spirit. Equipped to serve. Sent to love all!*

---

# GATHERING

---

## +Call to Worship

AM We're here because we're people who have heard a rumor that there's life to be found on the other side of death.

C **We're here because just the rumor is enough to bring us hope and just the hope is enough to bring us a moment of life.**

AM We're here because even though it is only a flicker, a moment, a breath, it's changed our death forever.

Welcome to liturgy.

## +Confession and Forgiveness

P Holy one who makes all things new,

C **We confess that we have sinned against you in thought word and deed.**

**We have forgotten our baptisms.**

**We have left one another's side.**

**We have acted in ways we wish we could take back.**

**In your mercy, Oh God,**

**Forgive us, cleanse us, and heal us in your water.**

**For the sake of Jesus, our Savior Amen.**

P Through Christ even death can die.

In him, ✝ you have been made new.

Come out from the shadows, and enter back into the community of God.

C **Amen.**

## Gathering Hymn

*Gathering hymn can be found in weekly insert.*

P = Pastor, A = Assistant, C = Congregation

ELW = *Evangelical Lutheran Worship* hymnal ACS = *All Creation Sings* hymnal

“+” in the bulletin indicates that you are invited to stand as you are able

## Children's Sermon

*The children are welcomed to come forward for a short message related to our baptismal promises before being excused for age-appropriate play and worship.*

---

## WORD

---

*God's people hear the Word of God. Readings can be found in weekly insert.*

### **The Word becomes Flesh and lives among us:**

*Through Lent we will be experiencing "The Word", the part of the liturgy where we hear a reflection on the scripture a little differently. Instead of a sermon, we will explore how the Holy Spirit is moving equipping, calling, and sending us on our journeys here at St. Mark's. We will be entering into an activity together, reflecting on scripture, and what our experience with one another means for our returning to our baptismal promises in Lent. Please participate as you are able.*

### **Hymn of the Day**

*The hymn can be found in weekly insert.*

### **+Prayers of Intercession**

Assisting Minister: Merciful God,

**Congregation: Receive our prayer.**

### **+Peace**

**P** The peace of Christ be with you.

**C** **And also with you.**

*The ministers and congregation may greet one another with these or similar words:*

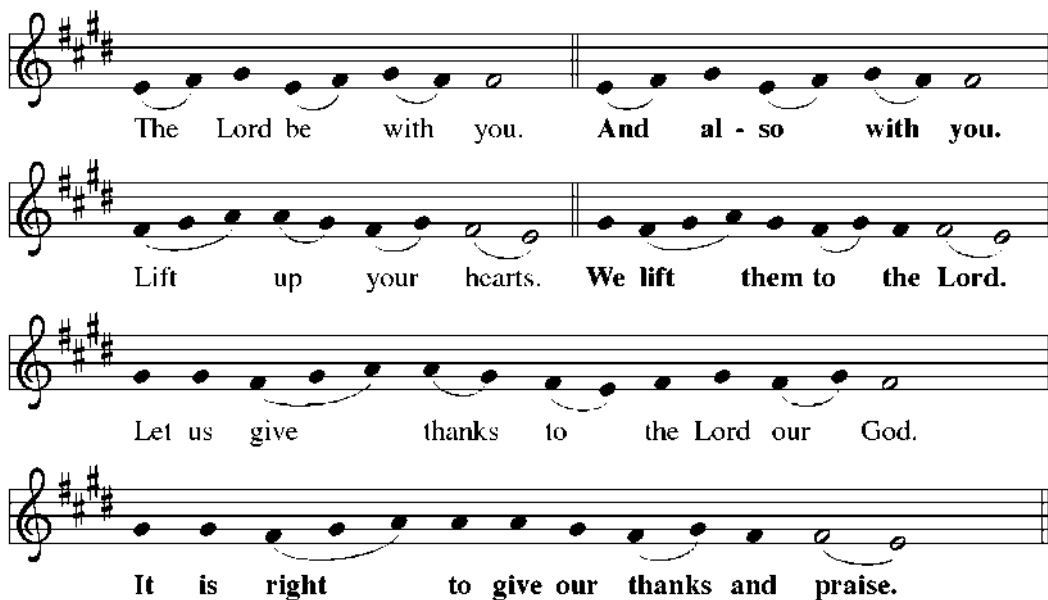
**Peace be with you.**

---

# MEAL

---

## +The Great Thanksgiving

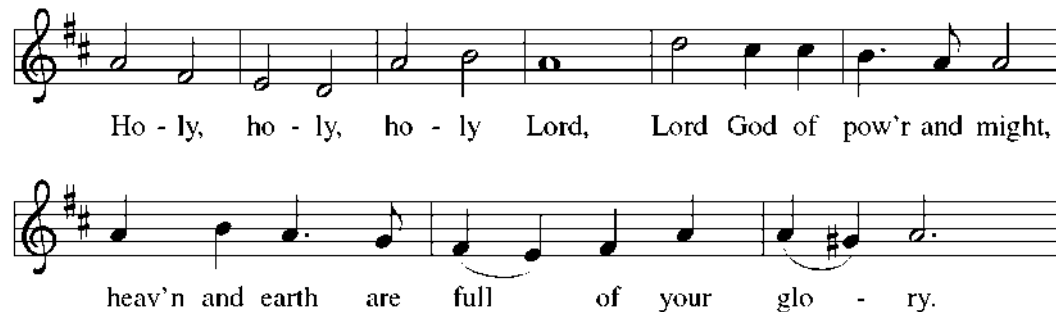


The Lord be with you. And al - so with you.  
Lift up your hearts. We lift them to the Lord.  
Let us give thanks to the Lord our God.  
It is right to give our thanks and praise.

## +Preface

P It is indeed right, our duty and our joy ...  
...we praise your name and join their unending hymn:

## +Sanctus



Ho - ly, ho - ly, ho - ly Lord, Lord God of pow'r and might,  
heav'n and earth are full of your glo - ry.



Ho - san - na in the high - est. Bless - ed is he who comes



in the name of the Lord. Ho - san - na in the high - est.

### +Eucharistic Prayer

VIII, ELW p. 67

P God of our weary years, God of our silent tears, ...  
...we proclaim the Lord's death until he comes:

**C Christ has died. Christ is risen. Christ will come again.**

P Holy and compassionate God ...  
...in your holy church, now and forever:

**C Amen.**

### +Lord's Prayer

P We pray together the prayer Our Lord taught us:  
**Our Father, who art in heaven, hallowed be thy name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.**

## Communion

P Come and receive Jesus, our strength in the wilderness.

## Lamb of God



Lamb of God, you take a-way the sin of the world; have mer-cy on



us. Lamb of God, you take a-way the sin of the world; have



mer-cy on us. Lamb of God, you take a-way the



sin of the world; grant us peace, grant us peace.

## Communion Hymn

*I Am the Bread of Life*

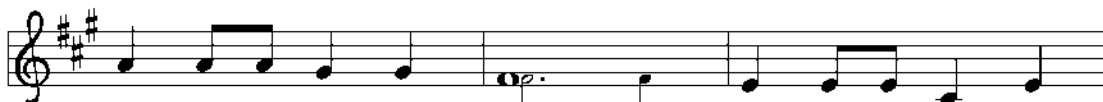
ELW 485



1 "I am the Bread of life. You who  
2 "The bread that . . . I will give is my  
3 "Un - less . . . you . . . eat of the  
4 "I am the res - ur - rec - tion, . . . .  
5 Yes, Lord, . . . . I be - lieve that . . . .



come to me shall not hun - ger, and who be -  
 flesh for the life of the world, . . . . . and if you  
 flesh of the Son of Man . . . . . and . . . .  
 I . . . . . am the life. . . . . If you be -  
 you . . . . . are the Christ, . . . . . the . . . .



lieve in me shall not thirst. No one can come to  
 eat . . . . . of this bread, you shall . . . live for -  
 drink . . . . . of his blood, and drink . . . . . of his  
 lieve . . . . . in . . . me, e - ven . . . though you  
 Son . . . . . of . . . . . God, who . . . . . have . . . .



me un - less the Fa - ther beck - ons."  
 ev - er, . . . . . you shall live for - ev - er."  
 blood, you shall not have life with - in you."  
 die, . . . . . you shall live for - ev - er."  
 come in - to . . . . . the . . . . . world. . . .

*Refrain*

All



"And I will raise you up, and I will raise you up,



and I will raise you up on the last day."

Text: Suzanne Toolan, RSM, b. 1927, based on John 6

Music: I AM THE BREAD, Suzanne Toolan, RSM

Text and music © 1966, 1970, 1986, 1993 GIA Publications, Inc., 7404 S. Mason Ave., Chicago, IL 60638, www.giamusic.com, 800.442.3358.

All rights reserved. Used by permission.

Duplication in any form prohibited without permission or valid license from copyright administrator.

## Post Communion Blessing and Prayer

P May the body and blood of our Lord Jesus Christ strengthen you, and keep you in his grace.

C **Amen.**

A Let us pray.

Lord of this feast beyond measure and price; we thank you for meeting us in our brokenness so that none might be lost: liberate us now to share the bread with our neighbor, each receiving from the other what we need to be ourselves.

C **Amen.**

## Announcements

---

### SENDING

---

#### +Blessing

P Lord, we thank you that in our baptism, you offer new life and invite us to be with you where hunger is no more and death has no dominion: may the broken bread we have shared today, fracture our stony hearts for the sake of another world. †

C **Amen.**

#### +Sending Hymn

*The hymn can be found in weekly insert.*

#### +Dismissal

A Go with God. Remember your baptism.

C **Thanks be to God!**

*Please return this booklet to the entry way table for re-use next Sunday.*

Liturgy from Sundays and Seasons.com. Copyright © 2023 Augsburg Fortress. All rights reserved. Reprinted by permission under Augsburg Fortress Liturgies Annual License.

Prayer of the Day and Post Communion Blessing are from *Prayers for an Inclusive Church* ©2009 Shakespeare, Steven. Church Publishing, New York, NY

New Revised Standard Version Bible, copyright © 1989, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

All hymns reprinted under One License's annual license number A-727594 for Aug 24, 2022–Aug 23, 2023 unless noted otherwise.